

# MISSION VALLEY CHRISTIAN FELLOWSHIP & REAL LIFE RADIO

## ISRAEL TOUR 2012

### Suggestions for Travel

**Bring about 50 one-dollar bills:** Many items at the tourist sites cost \$1.00 (the best water, post cards and other small items). If you plan on **purchasing gifts** we suggest you charge these items on your credit card as you get a better exchange rate.

**Passport:** Your passport **must not expire for at least six months after the date you arrive in Israel.**

**Luggage:** Limit your luggage to ONE suitcase and ONE carry-on. There is limited luggage space on the tour bus. We will provide two luggage tags. One must be attached to the handle of your luggage it is checked at the airport in the US. The other is for your carry-on or travel backpack. This helps us insure that your luggage is handled with our group and speeds up customs by identifying you as part of a tour group.

To **avoid additional charges** and inconvenience, please **check with the airline for luggage rules and restrictions** regarding your check-in and your carry-on items.

You may want to carry on a backpack or small suitcase with a change of clothes, toiletries, make-up, and daily medications in the unlikely event your luggage gets lost.

**Bring your BIBLE!**

**Fanny Packs/Back Packs:** We find it convenient to use fanny packs or back packs to carry camera, wallet, pen, sunscreen, journal, and light travel Bible. A backpack is a great place to carry a skirt, sarong or jacket when needing to conform to dress codes.

**Guides and Bus Drivers:** Tips are included in the cost of your trip but you are welcome to give an additional gratuity.

**Laundry:** Laundry and dry cleaning are available in the hotels. The cost is similar to large hotels in the US. You can pay your bill on departure by cash or credit card.

**Sleep Aids:** For the Flight we suggest: a head and neck pillow (to allow you to sleep sitting up without your head falling from side to side), sleeping shades (cloth or satin glasses to block the light), and ear plugs.

**Extras to Bring:** Sun glasses, an extra pair of prescription glasses, binoculars, and prescription medicines (with original prescription and generic name for drug). These items are available but are generally time consuming and may require you to miss a day of sightseeing.



**Electricity:** Electricity in Israel is 220volts/50 cycles. You will need to purchase a converter for shavers, camera chargers, etc. These are usually available at any Radio Shack, Target & Walmart. NOTE: Most hotels provide hair dryers.

**Clothing:**

**In Flight** - Remember this is a long flight so comfort is vital. Loose clothing and slippers are great for the flight (feet sometimes swell while flying).

**In Israel** - Comfort before fashion is the key. **Dress modestly at all times.**

- **Layered clothing works best.** You may need a light jacket early in the day and short sleeves and shorts in the afternoon. Then a light jacket, sweater, long pants at night. If you are sensitive to the sun, make sure you bring a hat (or buy one in Israel).
- There is always a chance of rain, so consider bringing an umbrella or raincoat/poncho.
- **Shoes:** should be very comfortable walking shoes. For the evening we suggest another pair of shoes or sandals, to let your feet rest from the walking shoes.
- **Women's bathing suites must be very modest (preferably one piece).**
- **Holy Sites:** Women must cover their shoulders and knees for Holy Sites like Capernaum and Temple Mount. Leggings or tight-fitting stretch pants are not allowed on the Holy Sites unless a skirt covers knees. Men must cover their knees as well at Holy Sites.

**Phone Calls:** Direct calls to the US are simple when using a calling card (purchased in Israel) and a pay phone. You can call using the hotel system but they are very expensive. The best time to call is at night in Israel, time difference in the USA will be early morning and the same day. The time difference is ten hours for the West Coast.

